

**Your values** are the things in life that drive you - your joys and inspirations. They change over time, and deepen with age and life experience. They are also situational - your values at work might differ from those at home.

When you live your values, life becomes meaningful.

With this in mind...

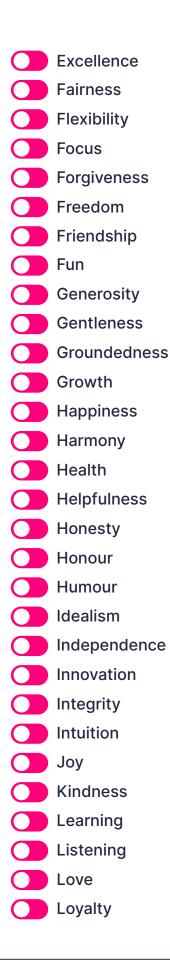
- Pick the top 10 values in the list below that resonate most with you.
- This list is ONLY to give you some ideas of different values. There may be words that are missing, and different words that sum up your value better. If so, feel free to add those words to the list below.

**Remember**:

## When it comes to Values, there is no right or wrong – only who WE are!

June Carter, Founder & CEO.

Accomplishment Accuracy Acknowledgement Adventure Authenticity Balance Beauty **Boldness** Calm Challenge Collaboration Community Compassion Comradeship Confidence Connectedness Contentment Contribution Cooperation Courage Creativity Curiosity Determination Directness Discovery Ease **Effortlessness** Empowerment **Enthusiasm** Environment



| Optimism        |
|-----------------|
| Orderliness     |
| Participation   |
| Partnership     |
| Passion         |
| Patience        |
| Peace           |
| Presence        |
| Productivity    |
| Recognition     |
| Respect         |
| Resourcefulness |
| Romance         |
| Safety          |
| Self-Esteem     |
| Service         |
| Simplicity      |
| Spirituality    |
| Spontaneity     |
| Strength        |
| Tact            |
| Thankfulness    |
| Tolerance       |
| Tradition       |
| Trust           |
| Understanding   |
| Unity           |
| Vitality        |
| Wisdom          |
|                 |